

## Employee Return to Work Criteria

This guide is to assist in determining when employees who are either confirmed positive or suspected to have COVID-19 may return to work using the CDC's Non-Test Based Strategy, the preferred method by IDPH. While the CDC prefers the Test-Based Strategy, IDPH has not changed their recommendation from the Non-Test Based Strategy.

### **Symptomatic Employees with confirmed positive or suspected COVID-19 MUST stay home and isolate from others until:**

<input type="checkbox"/> <b>Fever-free</b>	They have <b>NO</b> fever for at least 72 hours. (That is three full days of no fever without the use of medicine that reduces fevers.)
<b>AND</b>	
<input type="checkbox"/> <b>Symptoms Reduced</b>	Their other symptoms have improved. (For example, when their cough or shortness of breath have improved.)
<b>AND</b>	
<input type="checkbox"/> <b>7 days</b>	<b>At least 7 days</b> have passed since their symptoms first appeared.

### **Asymptomatic Employees with confirmed positive COVID-19 test MUST stay home and isolate from others until:**

<input type="checkbox"/> <b>10 Days</b>	10 days have passed since the date of first positive COVID-19 test, so long as no subsequent symptoms have developed.
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#### References

Return-to-Work Criteria for Healthcare Workers. (2020, April 13). Retrieved April 17, 2020, from <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/hcp-return-work.html>

Isolation Guidance for Essential Services Personnel. (2020, April 3). Retrieved April 17, 2020, from <https://idph.iowa.gov/Portals/1/userfiles/7/432020UpdatedIsolation%20guidance%20for%20Iowa%20essential%20services%20personnel.pdf>